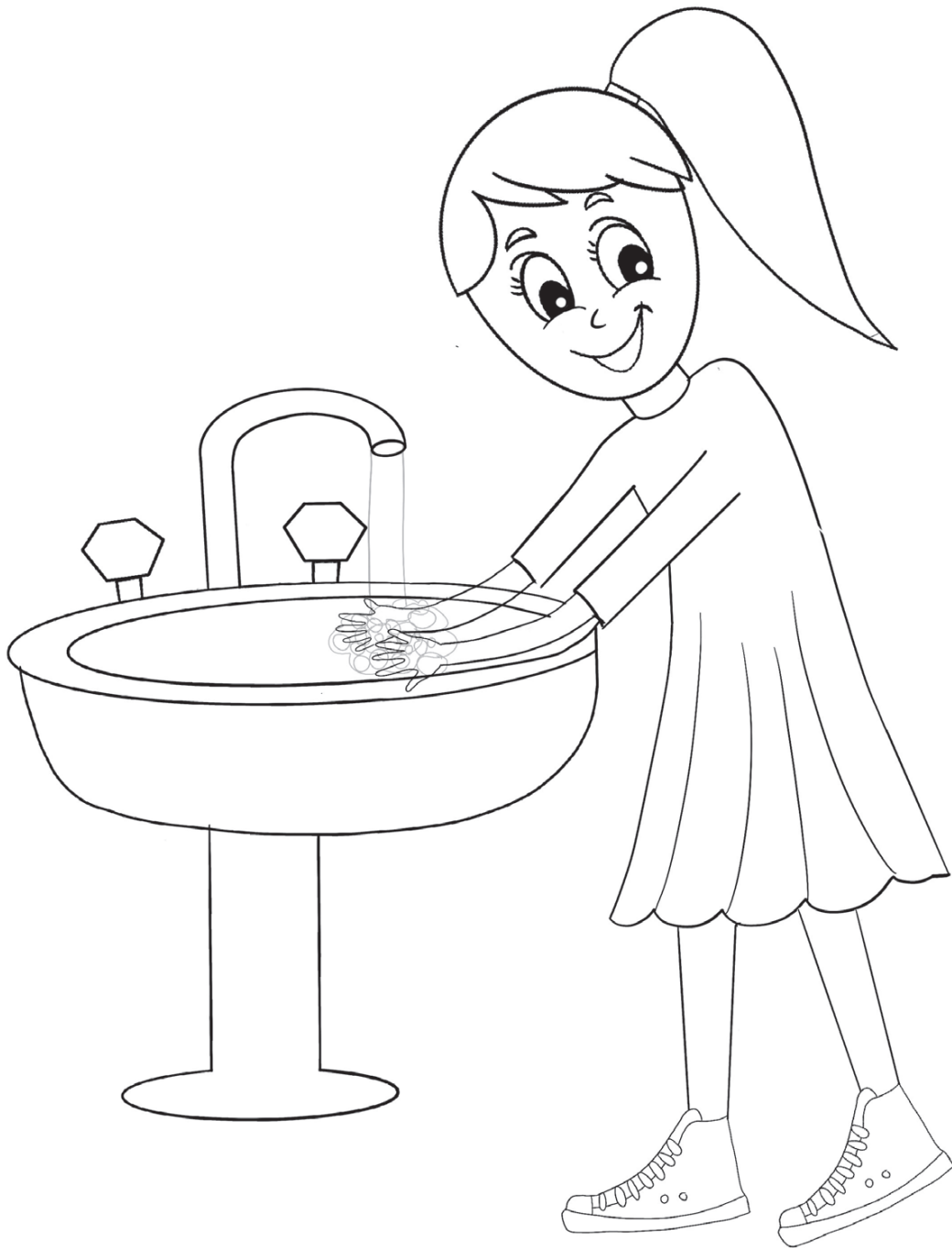


colour & learn
hand hygiene



How to wash your hands

1. Wet hands with water and apply soap
2. Scrub the top and bottom of hands, and in between fingers
3. Wash hands for at least 20 seconds
4. Rinse hands with water and dry thoroughly